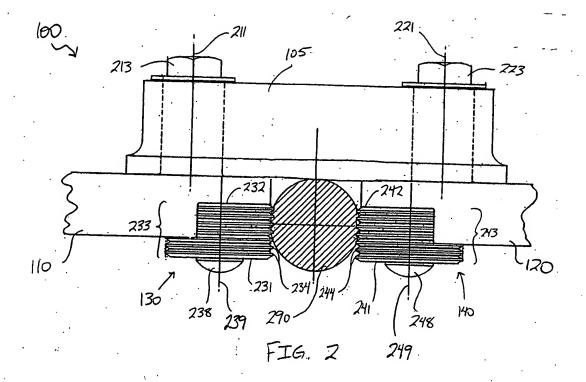


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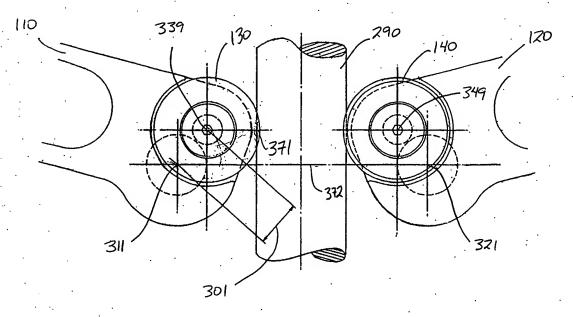
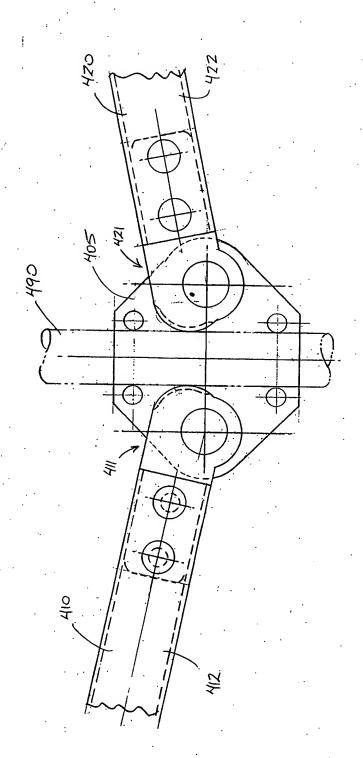


FIG.3



480

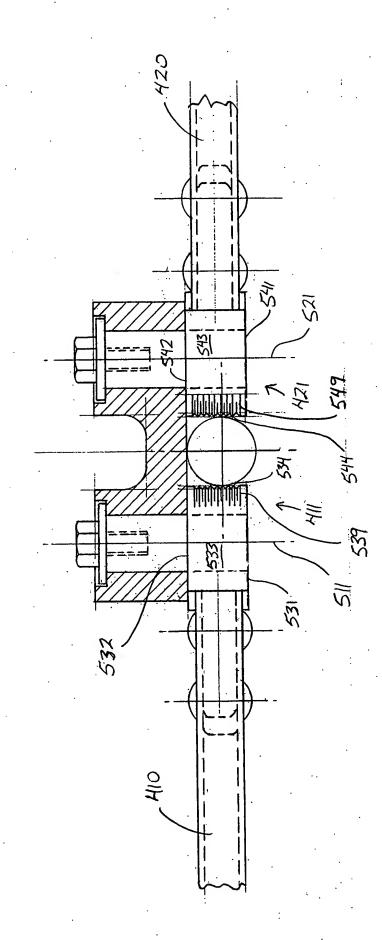


FIG. S

600

610 Provide a link bar 620 Provide a first handle coupled to the link bar, where the first handle has a first handle axis 630 Provide a second handle coupled to the link bar, where the second handle has a second handle axis 640 Provide a first gripper attached to the first handle, where the first gripper comprises a first surface, a second surface spaced apart from the first surface by a circumferential face, and at least one circumferential ridge protruding from and extending circumferentially along at least a portion of the circumferential face and substantially parallel to the first and second surfaces 650 Provide a second gripper attached to the second handle, where the second gripper comprises a first surface, a second surface spaced apart from the first surface by a circumferential face, and at least one circumferential ridge protruding from and extending circumferentially along at least a portion of the circumferential face and substantially

parallel to the first and second surfaces